**Activity: Orientation Debrief**

Audience: Mentors and Mentees

Phase of mentoring: Building the Foundation

Purpose: The purpose of this activity is to have an open discussion about starting a new and meaningful mentoring relationship.

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| Directions: Follow these directions. 1. Review the attached ASTD LA Mentoring Program presentation that was covered at the orientation.
2. Schedule a one hour meeting at your earliest convenience and get to know each other.
3. Use the discussion questions below at your meeting, or develop your own.

DISCUSSION QUESTIONS* Tell me about yourself and why you’re in the program.
* What insights did you gain about the program orientation?
* What insights did you gain from the program ASTD Mentoring Program handbook?
* What boundaries do you have that will help us work together?
* How do you like coaching and feedback?
* How will we handle conflict, if we need to get back on course?
* When can we review a draft of the mentee’s goals?
* When can we meet again?
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